

**Primary Autumn/Winter 2020 Menu Week 1**  
 w/c 02/11, 23/11, 14/12, 18/01, 08/02, 08/03, 29/03

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	<p><b>Cheese and Tomato Pizza **</b> <i>with Dough Balls (V)</i></p> <p>Cheesy Tomato Topped Pizza Slice</p>	<p><b>Chicken Burger</b> <i>with Potato Wedges</i></p> <p>Roast chicken served in a soft bun with lettuce and mayo</p>	<p><b>Roast Turkey</b> <i>with Roast Potatoes and Gravy</i></p> <p>Succulent roast turkey with fluffy roasties and tasty gravy</p>	<p><b>Pasta Bolognese **</b></p> <p>A classic Italian beef Bolognese in a yummy tomato sauce</p>	<p><b>Golden Fish Fingers and Chips</b></p> <p>Crispy Fish Fingers and scrummy chips</p>
Alternative Dish	<p><b>Burrito with Rice (V)</b></p> <p>A soft wrap filled with lightly spiced veggies and rice</p>	<p><b>Baked Macaroni (V)</b></p> <p>Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce</p>	<p><b>Sweet Potato and Chickpea Roast</b> <i>with Roast Potatoes and Gravy (V)</i></p> <p>A chunky sweet potato and chickpea roast</p>	<p><b>Hotdog with Potato Wedges (V)</b></p> <p>Our favourite veggie hotdog served with ketchup in a soft sub roll</p>	<p><b>Quorn Nuggets and Chips (V)</b></p> <p>Crispy Quorn nuggets with their fave sauce – ketchup</p>
Third Choice		<p><b>Jacket Potato with Salmon Mayonnaise ***</b></p>			
Jacket Potato	<b>Jacket Potato With Cheese, Baked Beans or Tuna Mayo</b>				
Pasta	<b>Tomato Pasta ** (V)</b> A delicious fresh, homemade tomato sauce with penne pasta				
Vegetables	<p><b>Carrots Sweetcorn</b></p>	<p><b>Peas Broccoli &amp; Cauliflower Medley</b></p>	<p><b>Carrots Cabbage</b></p>	<p><b>Broccoli Sweetcorn</b></p>	<p><b>Baked Beans Peas</b></p>
Desserts	<p><b>Chocolate Brownie</b></p>	<p><b>Raspberry Ripple Ice Cream</b></p>	<p><b>Fruit &amp; Yoghurt*</b></p>	<p><b>Summer Berry &amp; Peach Oaty Crumble* with Custard</b></p>	<p><b>Strawberry Swirl Sponge</b></p>

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish (V) Vegetarian



# Primary Autumn Winter 2020 Menu Week 2

w/c 09/11, 30/11, 04/01, 25/01, 22/02, 15/03

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	<b>Veggie Sausage and Mash with Gravy (V)</b>  Fluffy mash with veggie sausages and rich gravy	<b>Chicken Tikka Masala with Rice **</b>  Succulent chicken in a mild curry sauce	<b>Honey Roasted Gammon with Roast Potatoes and Gravy</b>  Succulent roast gammon with fluffy roasties and tasty gravy	<b>Lasagne with a Garlic &amp; Herb Bread Wedge **</b>  A classic Italian layered pasta dish with beef mince	<b>Golden Fish Fingers and Chips</b>  Crispy Fish Fingers and scrummy chips
<b>Alternative Dish</b>	<b>Cheese and Tomato Pizza ** with Dough Balls (V)</b>  Cheesy Tomato Topped Pizza Slice	<b>Baked Macaroni (V)</b>  Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	<b>Pastry Slice with Roast Potatoes and Gravy (V) (pastry)</b>  Butternut Squash and potatoes wrapped in flaky pastry	<b>The Incredible Burger with Potato Wedges(V)</b>  Meatless burger in a soft bap with ketchup	<b>Soft Taco and Chips (V)</b>  A soft taco shell filled with a yummy veggie tomato chilli
<b>Jacket Potato</b>	<b>Jacket Potato With Cheese, Baked Beans or Tuna Mayo</b>				
<b>Pasta</b>	<b>Tomato Pasta ** (V)</b> A delicious fresh, homemade tomato sauce with penne pasta				
<b>Vegetables</b>	<b>Sweetcorn Broccoli and Cauliflower Medley</b>	<b>Carrots Peas</b>	<b>Cabbage Carrots</b>	<b>Sweetcorn Broccoli</b>	<b>Peas Baked Beans</b>
<b>Desserts</b>	<b>Fruit &amp; Yoghurt*</b>	<b>Apple &amp; Berry Crumble* with Custard</b>	<b>Strawberry Ice Cream</b>	<b>Chocolate Cake with Chocolate Sauce</b>	<b>Oatie Biscuit with Fruit Slices *</b>

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# Primary Autumn Winter 2020 Menu Week 3

w/c 16/11, 07/12, 11/01, 01/02, 01/03, 22/03

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	<b>Chinese Veggie Noodles (V)</b>  Fragrant egg noodles with stir fried vegetables	<b>Sausage and Mash with Gravy</b>  Traditional Pork Sausage and Mash with rich Gravy	<b>Roast Chicken with Roast Potatoes and Gravy</b>  Moist roast chicken with fluffy roasties and tasty gravy	<b>Pasta Bolognese **</b>  A classic Italian beef Bolognese in a yummy tomato and beef sauce	<b>Golden Fish Fingers and Chips</b>  Crispy Fish Fingers and scrummy chips
<b>Alternative Dish</b>	<b>Vegetable Supreme Pizza ** with Dough Balls (V)</b>  Cheesy tomato topped pizza slice topped with sweetcorn and peppers	<b>Quorn Bolognese **(V)</b>  Fusilli pasta in a yummy tomato and Quorn sauce	<b>Country Vegetable Pie with Roast Potatoes and Gravy (V) (pastry)</b>  Creamy vegetable pie with a shortcrust topper	<b>Mild Chickpea &amp; Potato Curry with a Rice side **(V)</b>  A tasty chick pea and potato masala	<b>Beany Burger with Chips (V)</b>  A delicious homemade beany burger
<b>Jacket Potato</b>	<b>Jacket Potato With Cheese, Baked Beans or Tuna Mayo</b>				
<b>Pasta</b>	<b>Tomato Pasta ** (V)</b> A delicious fresh, homemade tomato sauce with penne pasta				
<b>Vegetables</b>	<b>Sweetcorn Broccoli</b>	<b>Peas Carrots</b>	<b>Carrots Cabbage</b>	<b>Sweetcorn Broccoli &amp; Cauliflower Medley</b>	<b>Baked Beans Peas</b>
<b>Desserts</b>	<b>Raspberry Yoghurt Cake</b>	<b>Fruit &amp; Yoghurt*</b>	<b>Flapjack with Fruit Slices *</b>	<b>Chocolate Brownie</b>	<b>Orange Shortbread with Fruit Slices *</b>

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